

Visitor Information for the Neuro4D Conference 2023 in Mainz, Rhineland-Palatinate, Germany

Mainz is the state capital of Rhineland-Palatinate with Roman roots. It is located on the Rhine River, next to the junction with the Main River, hence the name. Mainz () has many famous sights and is also a wine capital offering many distinct grapes and flavors. Although you are only here for a short time, you can still see and sample a great deal. We would like to give you some hints that might be interesting for you to follow-up on the internet when planning of your trip.

City Sightseeing:

There is <https://mainz.de/en/Index.php> with much interesting information. There are the “City Walk: Compact Mainz” tours, which you can do by yourself or you can book one of the guided tours at [Mainz Tourism](#), [Mainz City Guides](#), or www.best-of-mainz.com (only in German) or go by bus with the “Gutenberg Express”.

Mainz has a picturesque old town around the Romanesque St. Martin’s Cathedral. There is St. Stephan’s Church with its famous blue windows by Marc Chagall. The Gutenberg monument and the [Gutenberg Museum](#) await you at the “Gutenbergplatz” across from the cathedral. There are also Roman relics and monuments to visit, for example the Roman Theatre at the train station with the same name, the Drusus Stone, and the Isis- and Mater Magna sanctuary in the shopping district. The ‘[Landesmuseum](#)’ located in an impressive old palace building offers multiple interesting exhibitions.

Wine Tasting and Tours:

You can visit the “[Sektkellerei Kupferberg](#)” where you can visit the vast cellars to sample and then buy sparkling wine from Kupferberg.

You can also book a WineWalk via www.winewalk-mainz.de, or a culinary walk via www.miomente.de/mainz/genuss-kategorien/kulinarische-stadtfuehrungen/.

Great Food:

There are many nice places to eat in town. Our conference hotel is one of them!

Recommended alternatives are:

[Bellpepper](#) – restaurant in the Hyatt Regency – beautiful view of the Rhine River and great flavors in small portion

[La Gallerie](#): modern nouvelle cuisine restaurant with local wines

[Geberts Weinstuben](#): high quality and regional specialties in a cozy ambiance

Easy Bites:

[Gloeckle](#): German pub with well-priced dishes of local food and beer tasting

[Eisgrub](#): Original and rustic local brewery with pub food German style

[Wilma Wunder](#): light and vegan dishes in a ‘more female’ ambiance

[Michel – Das Weinhaus](#): typical regional wine tavern with local specialties that fit a wine tasting

[Kamin](#): ‚Flammkuchen‘ in many varieties - a speciality from the Elsass, France

[Al Cortile](#) – great Italian food and friendly service at medium prices

Tours To Do and Things To See:

At the Rhine Waterfront between the Hyatt Regency and Hilton Hotel, you can board sightseeing boats to a number of destinations e.g. from the [KD-Linie](#) or [Primus-Linie](#) which take you to the **UNESCO Cultural World Heritage Site: The Middle Rhine Valley** (direction Koblenz/Köln), with its picturesque villages like Rudesheim, Assmannshausen, Boppard, Bacharach, Oberwesel, St. Goar and the 'Germania' monument ('Niederwalddenkmal'), the Lorelei and the many ancient castles.

There is also an easy hiking-tour starting via Assmannshausen (arrival by boat) taking the lift up to the forest, walking to the 'Niederwalddenkmal', taking the lift down to Rudesheim and coming back by boat, which offers spectacular views and takes about three hours in total. Tickets for the entire trip are available at certain boat companies. You can best start from Bingen (train station) and walk to the very picturesque waterfront park, which has a range of small places to eat and drink wine. Ask for the 'Ring Ticket' at the 'Binger-Rudesheimer' sales kiosk.

By car, train, or boat you can visit nearby:

Wiesbaden, capital of Hessen and one of the oldest health spas of Europe with many hot springs and great shopping.

Frankfurt am Main with its famous 'apple wine quarter' 'Sachsenhausen' (try the 'Zum gemalten Haus' for a typical Frankfurt traditional food experience) and its impressive sky scrapers including the new European Central Bank.

Oppenheim, a little historical town on the Rhine known for its wines, lures you with its underground maze of passageways and cellars.

Rudesheim, the little wine town on the other side of the Rhine is a tourist magnet, with shops for all the 'German' kitsch you can possibly imagine and with its cable car up to the 'Germania' monument, offering a great view over the Rhine valley.

Kloster Eberbach, the monastery near Eltville (27 km) with wines from all over the state of Hessen and its restaurant with home-brewed beer is also a place which might be of interest. The inside of the monastery is well-known from the movie "The Name of the Rose", based on the book by Umberto Eco. The monastery offers tours in different languages. However, please check beforehand that there are no closed events that might block access to the general public! Here, you can also have a nice walk in the luscious forest with its well signposted paths of various distances and a free mini-zoo.

Via the Tourist Service Center Mainz (www.mainz-tourismus.com, www.gaestefuehrungen-mainz.de) you can book a winetasting tour in Mainz, a tasting and hiking session, or a wagon tour in one of the surrounding vineyards.

The Neuro4D Team wishes you an enjoyable stay in our area!